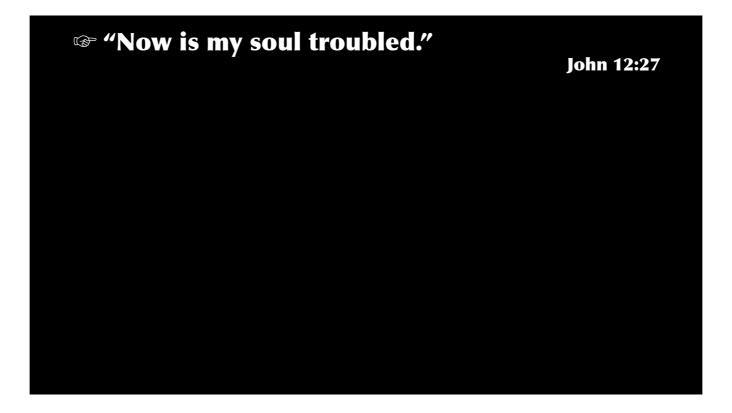


Luke 22:39-46 (ESV) 39 And he came out and went, as was his custom, to the Mount of Olives, and the disciples followed him. 40 And when he came to the place, he said to them, "Pray that you may not enter into temptation." 41 And he withdrew from them about a stone's throw, and knelt down and prayed, 42 saying, "Father, if you are willing, remove this cup from me. Nevertheless, not my will, but yours, be done." 43 And there appeared to him an angel from heaven, strengthening him. 44 And being in agony he prayed more earnestly; and his sweat became like great drops of blood falling down to the ground. 45 And when he rose from prayer, he came to the disciples and found them sleeping for sorrow, 46 and he said to them, "Why are you sleeping? Rise and pray that you may not enter into temptation."

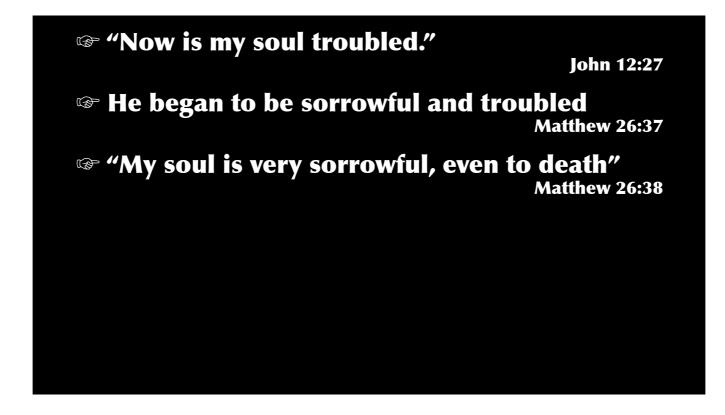


- Jesus is facing very difficult situation
 - · Persecution
 - Torture
 - · Death



• Before Supper

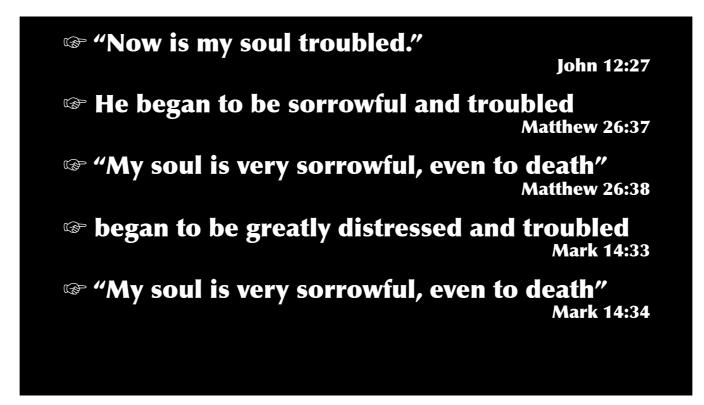
· John 12:27: "Now is my soul troubled. And what shall I say? 'Father, save me from this hour'? But for this purpose I have come to this hour.



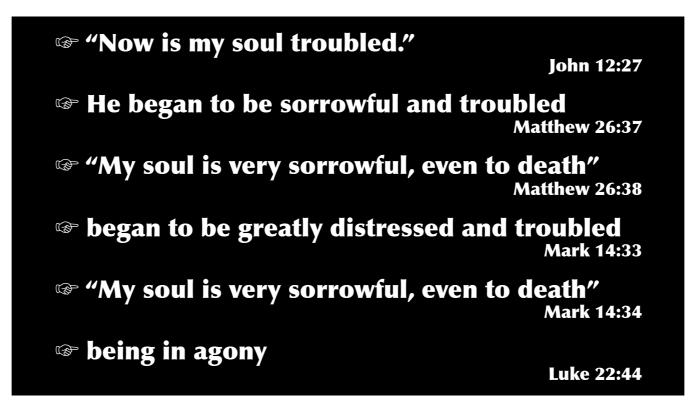
On Mount

.

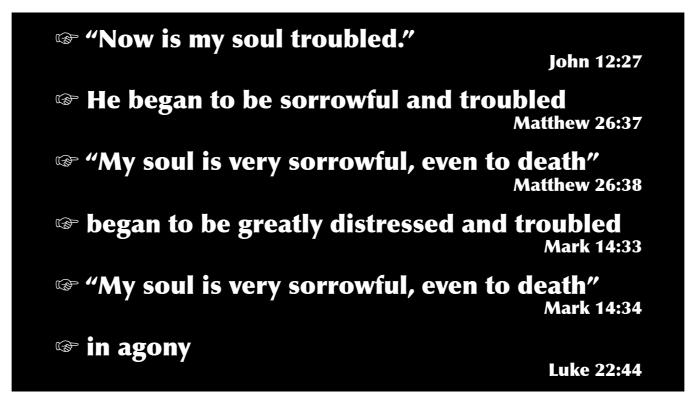
[•] Matthew 26:37-38 (ESV) 37 And taking with him Peter and the two sons of Zebedee, he began to be sorrowful and troubled. 38 Then he said to them, "My soul is very sorrowful, even to death; remain here, and watch with me."



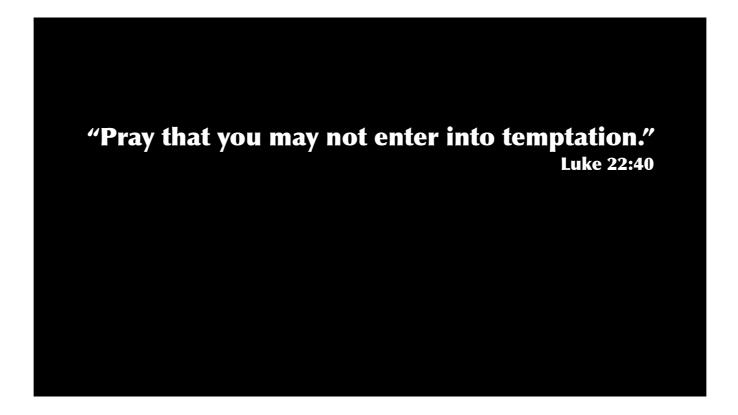
Mark 14:33-34 (ESV) 33 And he took with him Peter and James and John, and began to be greatly distressed and troubled. 34 And he said to them, "My soul is very sorrowful, even to death. Remain here and watch."



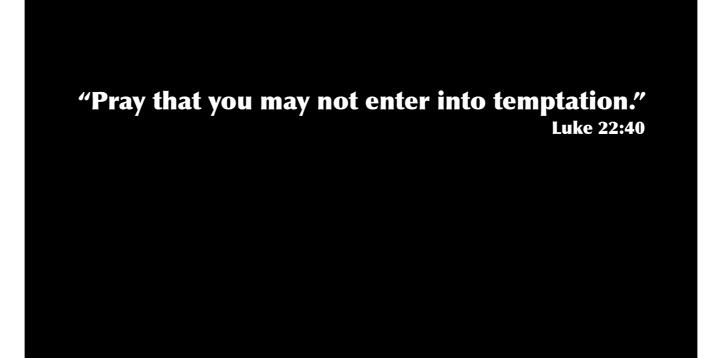
Luke 22:44 (ESV) And being in agony he prayed more earnestly; and his sweat became like great drops of blood falling down to the ground.



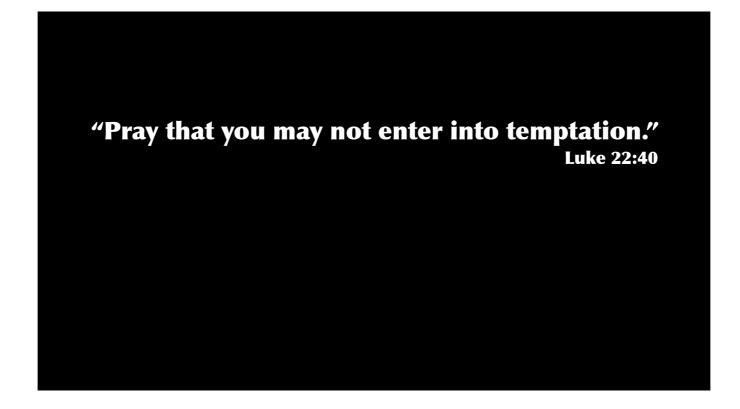
- Goes with the disciple to a place to pray.
- · What does Jesus instruct the disciples to do?



- Luke 22:40: And when he came to the place, he said to them, "Pray that you may not enter into temptation."
- Mark 14:34: "Remain here and watch." (keep awake)
- Matthew 26:38: "remain here, and watch with me." (keep awake)

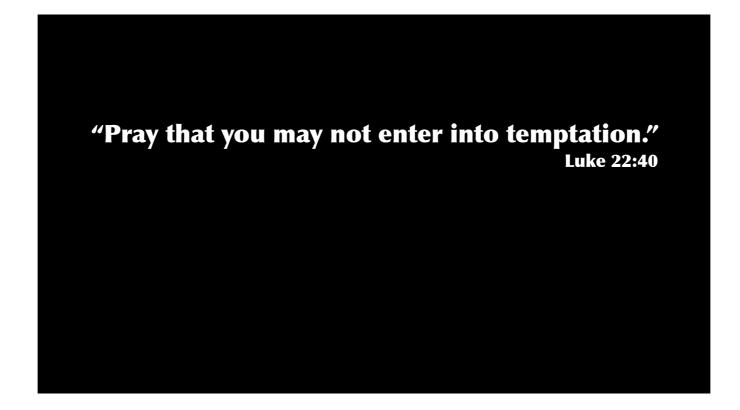


- What Jesus DOESN'T ask them to do
 - "Pray for me."
- ・Why?
 - $\cdot\,$ Jesus is thinking of his disciples at this difficult time.
 - But doesn't He always?

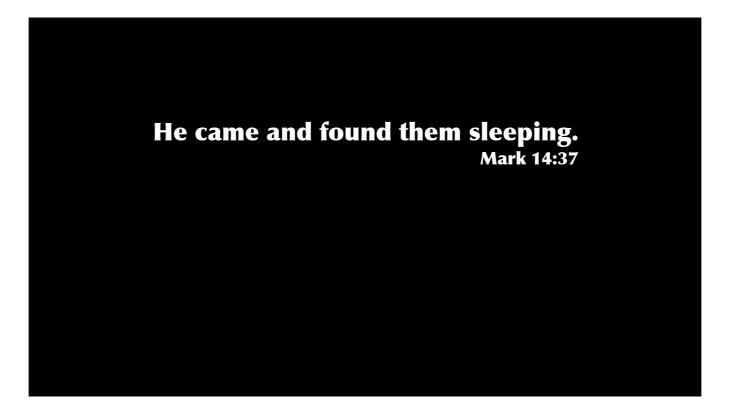


"You may not enter into temptation."

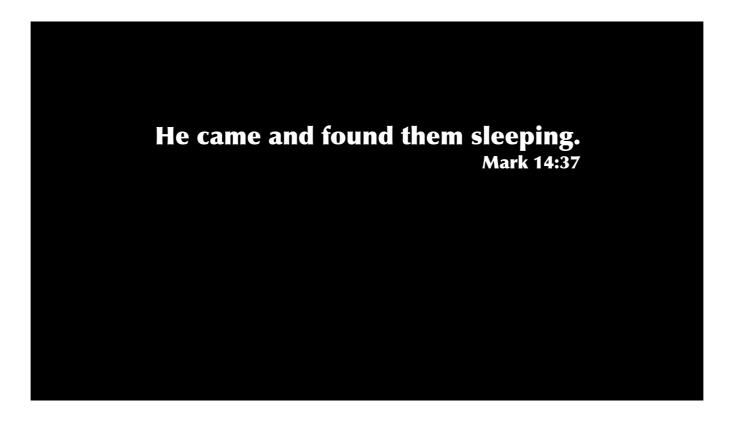
- · What temptation would they be facing on this hill?
- What temptation would they be facing this night?
 - · Seems they didn't know exactly
- · The Betrayal of Jesus
 - All of them ran away
 - Some spoke against Him



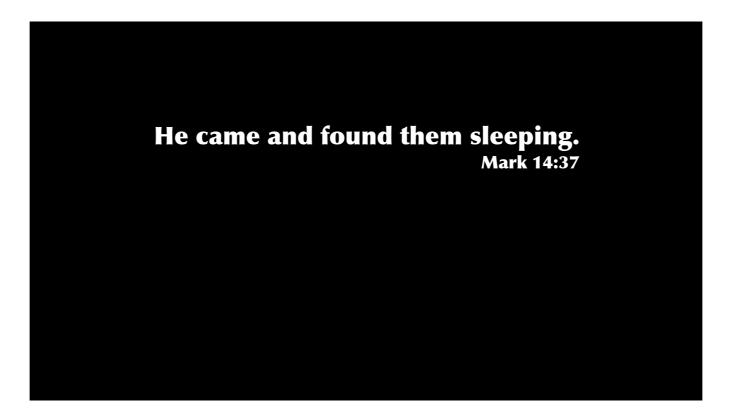
- While Jesus is facing struggling deeply and prolifically with what he is about to face
 - $\cdot\,$ He is still thinking about his disciples and what they will face.
- He knows that what is coming will be difficult for them too.
 - They could be discouraged by his suffering and death.
 - He doesn't want them to lose hope in Him.
 - Peter even tried to fight for Jesus (John 18:10-11)
- They need to see the glory of Jesus through the gloom of His death.
- Jesus goes off alone to offer his prayers.



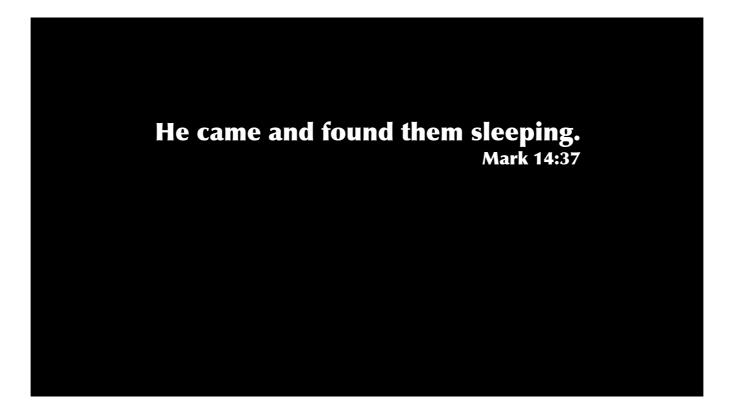
- But they fell asleep!
- Mark 14:37: And he came and found them sleeping, and he said to Peter, "Simon, are you asleep? Could you not watch one hour?



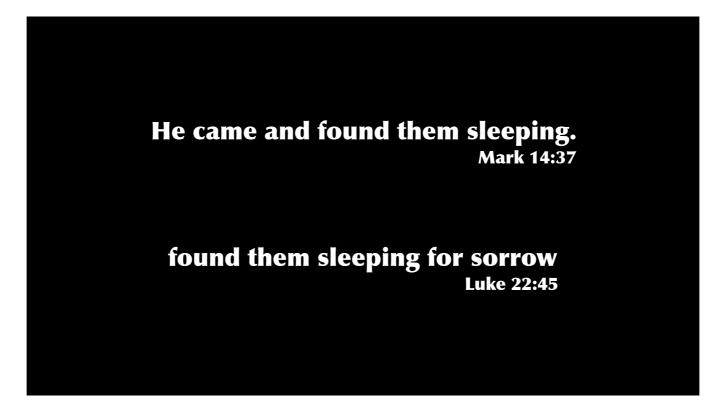
- Mark 14:38 Watch and pray that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak."
- Mark 14:40 And again he came and found them sleeping, for **their eyes were very heavy**, and they **did not know what to answer him**.
- Mark 14:41 And he came the third time and said to them, "Are you still sleeping and taking your rest? It is enough; the hour has come. The Son of Man is betrayed into the hands of sinners.



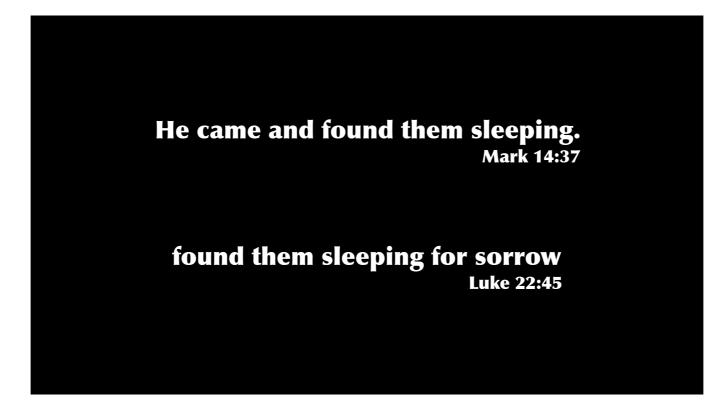
- Matthew 26:45 Then he came to the disciples and said to them, "Sleep and take your rest later on. See, the hour is at hand, and the Son of Man is betrayed into the hands of sinners.
- Luke 22:45 And when he rose from prayer, he came to the disciples and found them sleeping for sorrow,



- Following Jesus is exhausting!
 - Spent the day preparing for Passover and eating Passover.
 - Jesus continued teaching them, deep things, difficult to understand.
- Matthew 11:28-30 (ESV) 28 Come to me, all who labor and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For my yoke is easy, and my burden is light."
- While we may have rest in Jesus, that doesn't mean we are not to labor for Him diligently. It's still a yoke.

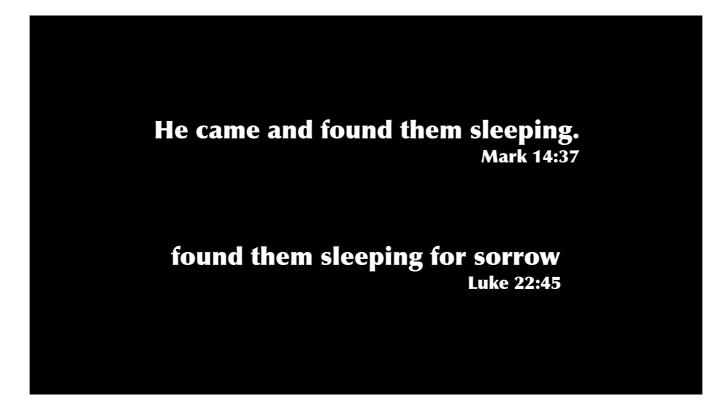


- Luke 22:45 And when he rose from prayer, he came to the disciples and found them sleeping for sorrow,
- The disciples were not just exhausted, they were sorrowful.
 - · They cared about Jesus
 - · Knew he was suffering
 - •

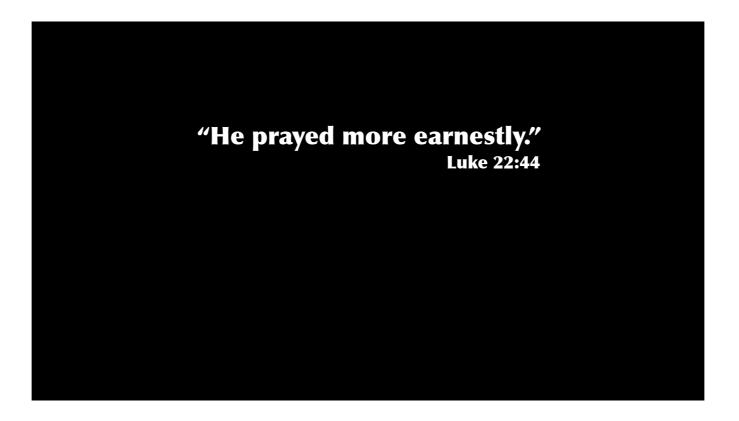


Why were they so sorrowful that they fell asleep?

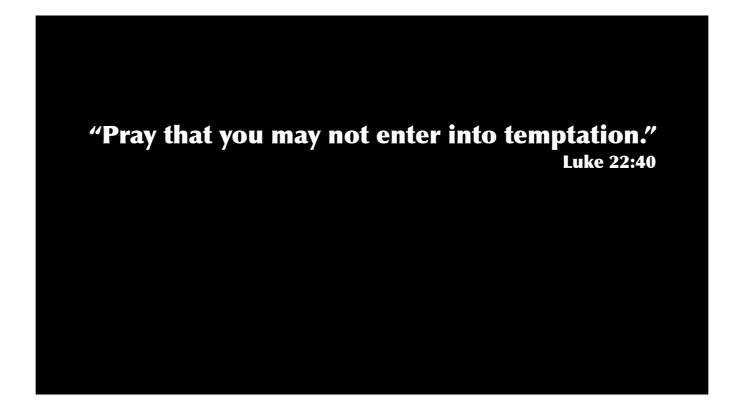
- They had never seen Jesus like this.
 - They'd seen him weeping with Martha and Mary at death of Lazarus.
 - They'd heard him rebuke Pharisees and mourn for Jerusalem.
 - They'd known that he spent all night in prayer.



- But they hadn't seen anything like this in Jesus
- They could perceive (without really knowing) that something profound was happening.
- But they still didn't really get it.



- Luke 22:44: And being in agony **he prayed more earnestly**; and his sweat became like great drops of blood falling down to the ground.
- · What a contrast between the disciples and Jesus
 - They fell asleep: heavy eyes and sorrow
 - How very human.
 - · He not only kept praying: He prayed harder!



Some thoughts about Jesus' instruction and the disciples actions

Jesus thinks of me.

- Jesus thinks of me.
 - All the time.
 - He has a world to run
 - Souls to save
 - He thinks of me.
- He knows what I may face
 - Temptation
 - Sorrow

Jesus urges me to prepare with prayer.

Jesus urges me to prepare for the struggles by going to Him in prayer.

• Jesus' example:

• Luke 22:42: "Father, if you are willing, remove this cup from me. Nevertheless, not my will, but yours, be done."

Jesus loves me even when I fail.

Jesus loves me even when I fail.

- · He made simple requests of the remain, watch (stay awake), pray.
 - "Matthew 26:40 And he said to Peter, "So, could you not watch with me one hour?
 - · second time: didn't know how to answer
 - third time: it is enough; rest later
- Three times he found them sleeping.
- · Sleeping when they really need to be getting ready.

Jesus knows of our weariness and sorrow.

- Weariness and sorrow are aspects of our lives: even following Jesus.
- It is real.
- They affect our efforts in following after Him.
 - Sometimes we are too tired: we fall asleep when we should be praying.
 - Sometimes we are too sad: we fail to be diligent in our labors.
- · Jesus said:
 - It is enough.
 - Take your rest later on
 - Let's go.
- · Rebuke?
- Understanding? Love?
- Disappointment!

Pray more earnestly.

- Pray more earnestly.
 - Hebrews 5:7-8 (ESV) 7 In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to him who was able to save him from death, and he was heard because of his reverence. 8 Although he was a son, he learned obedience through what he suffered.
- · Often told to be praying continually.
- · Sometimes we also need to pray harder
 - No formulas, not normal prayers
 - · Jonah's prayer as drowning
 - His normal prayer?
 - Praying HARD!
 - Psalm 141

It's okay to pray for me.

- · Jesus encouraged the disciples to pray for themselves.
- Sometimes we refrain from spending too much time in prayer for ourselves.
 Humility.
- But sometimes we really need to pray hard for ourselves.
- Like Jesus, though, keep will of God foremost in our minds.
 - Daily bread
 - Forgiveness
 - Temptation
 - Struggles

Encourage each other to pray.

- Like Jesus I need to encourage others to pray to God too.
- Even in the midst of my struggles and difficulties.
- Point others to God in prayer for help.
- Remain with Jesus.
- · Stay awake.
- Pray.



• Pray.

- Whatever you're facing this week: prepare with prayer
- Pray harder.
- Pray for yourself.
- Pray after you fail.
- Help others to pray.

We implore you on behalf of Christ, be reconciled to God.

2 Corinthians 5:20

Photo Credits: All photos from istockphoto.com, crestock com, bigstock.com, dreamtime.com, thinkstock.com, and shutterstock.com are copyright protected. They are used by permission. Please do not reuse without permission.)
https://pixabay.com/photos/person-little-boy-kid-child-731165/

