

- 1 Thessalonians 5:19: Do not quench the Spirit.
- Scripture Reading Psalm 106

**THEY ANGERED HIM AT THE  
WATERS OF MERIBAH, AND  
IT WENT ILL WITH MOSES  
ON THEIR ACCOUNT, FOR  
THEY MADE HIS  
SPIRIT BITTER,  
AND HE SPOKE RASHLY  
WITH HIS LIPS.**

**PSALM 106:32-33**



- Psalms 106:32-33 (ESV) 32 They angered him at the waters of Meribah, and it went ill with Moses on their account, 33 for they made his spirit bitter, (Or they rebelled against God's Spirit) and he spoke rashly with his lips.
- NASB: Because they were rebellious against His Spirit, He spoke rashly with his lips.
- NETFull: for they aroused his temper, and he spoke rashly.
  - (NET Bible Notes - Full Notes) 106:33 a tn The Hebrew text vocalizes the form as הִמְרוּ (himru), a Hiphil from מָרָה (marah, "to behave rebelliously"), but the verb fits better with the object ("his spirit") if it is revocalized as הִמְרוּ (hemeru), a Hiphil from מָרַר (marar, "to be bitter"). The Israelites "embittered" Moses' "spirit" in the sense that they aroused his temper with their complaints.
- Numbers 20:10-11 (ESV) 10 Then Moses and Aaron gathered the assembly together before the rock, and he said to them, "Hear now, you rebels: shall we bring water for you out of this rock?" 11 And Moses lifted up his hand and struck the rock with his staff twice, and water came out abundantly, and the congregation drank, and their livestock.
- Numbers 20:12 (ESV) And the Lord said to Moses and Aaron, "Because you did not believe in me, to uphold me as holy in the eyes of the people of Israel, therefore you shall not bring this assembly into the land that I have given them."

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**PSALM 106:32-33**



- We can quench the spirit in our brothers.
- We can quench the spirit in our leaders.
  - They may recover in some ways, and continue to lead.
  - But the consequences can be devastating to them and to us.
    - This is why some men hesitate or refuse to be elders.
    - We make the job hard!

**DO NOT QUENCH THE SPIRIT.**

**1 THESSALONIANS 5:19**

- 1 Thessalonians 5:19 (ESV) Do not quench the Spirit.

**DO NOT QUENCH THE SPIRIT.**

**1 THESSALONIANS 5:19**

**WHAT HAPPENS WHEN I  
QUENCH THE SPIRIT  
IN MY BRETHREN?**

- What happens when I quench the Spirit in my brethren?
- Two examples demonstrate that my actions affect my brethren.
  - 10 spies melted the hearts of the people from entering promised land
  - 3 tribes discouraged the rest of Israel in entering promised land
  - What I do, or don't do, can affect this congregation either positively or negatively.
  -



**DO NOT QUENCH THE SPIRIT.**

1 THESSALONIANS 5:19

**DISCOURAGEMENT**



**EVIL**



**DESTROY  
THE PEOPLE**

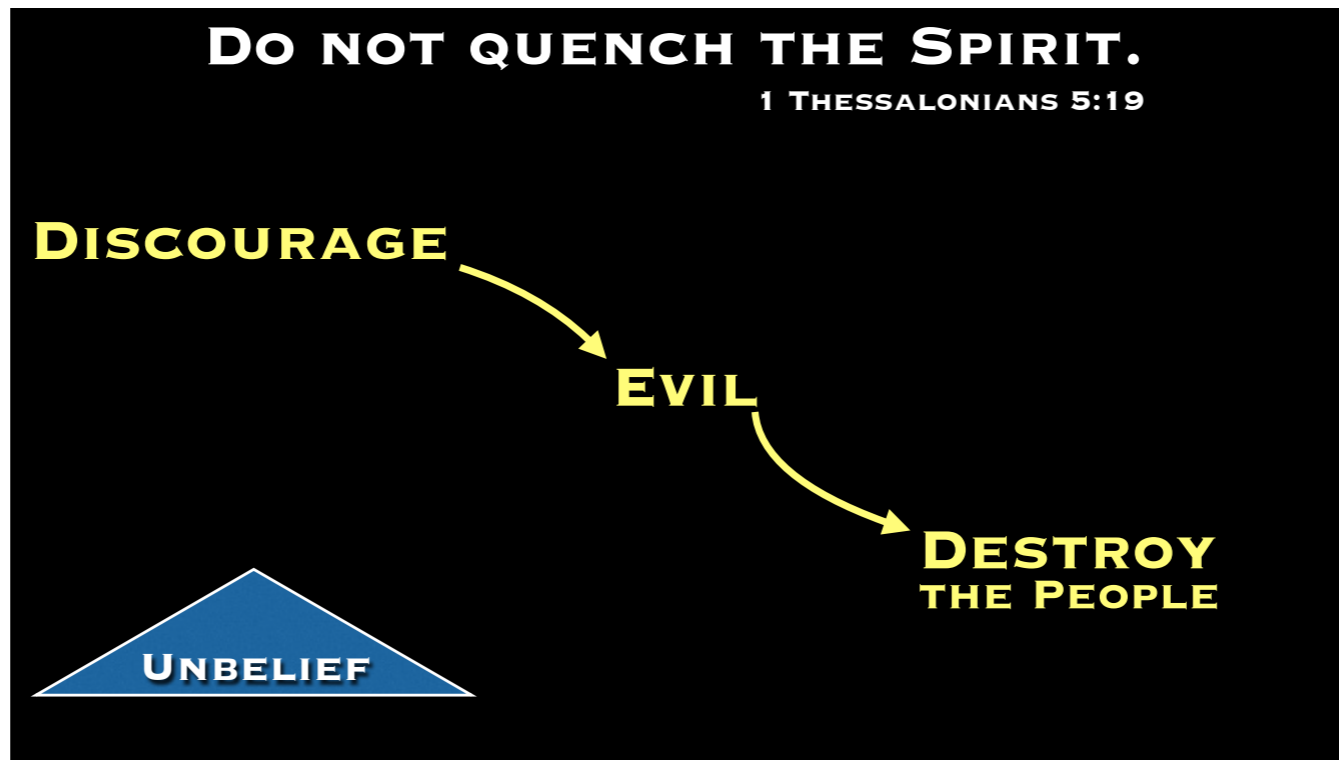
- Discouragement is evil and can destroy the people

**DO NOT QUENCH THE SPIRIT.**

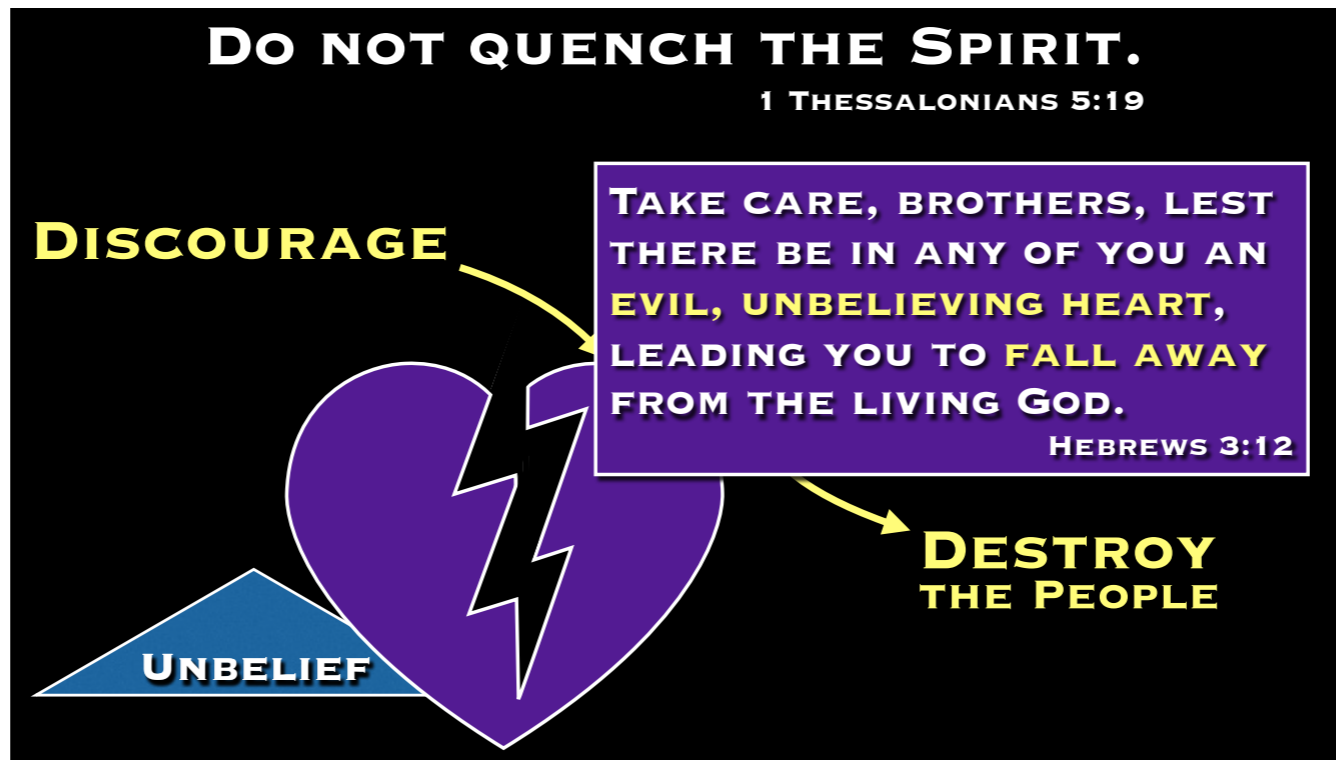
**1 THESSALONIANS 5:19**

**HOW DO I  
QUENCH THE SPIRIT  
IN MY BRETHREN?**

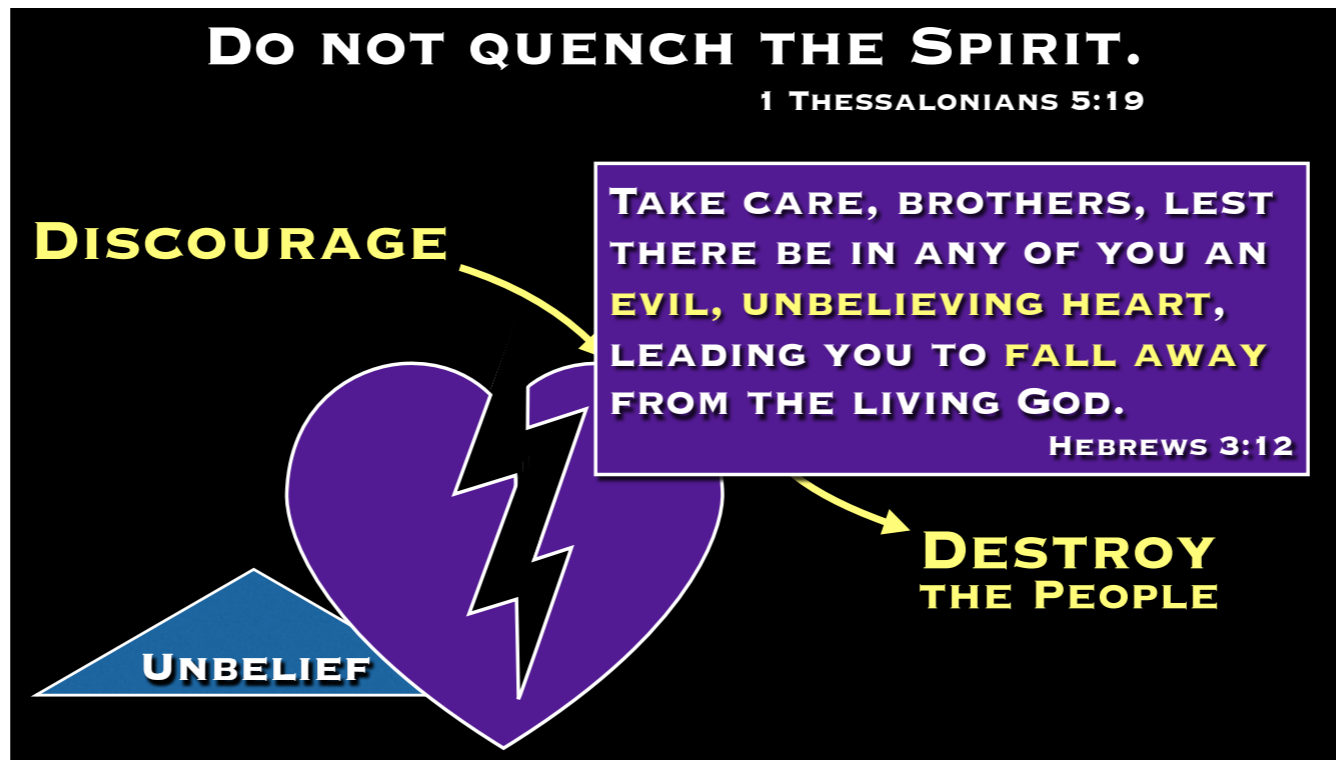
- How do I quench the Spirit in my brethren?
  - Four factors



- Unbelief when we should be trusting
  - God was giving Israel the land
  - Spies: not able, bad report
  - People: wept, grumbled
    - Numbers 14:3: Why is Jehovah bringing us into this land to fall by the sword? Would it not be better for us to go back to Egypt?



- Hebrews 3:12-19 (ESV) 12 Take care, brothers, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God.
- How had they fallen away from God?
  - Jehovah brought us here to die.
  - (Not denial of God's existence)
  - Impugning God's motive and ability.
  - Failing to see the promises and purposes of Jehovah as real.



- Unbelief looks different than we might expect.
- Not an outright denial of His existence... atheism
- Rather a refusal to embrace Him and his promises when faced with trials.

**DO NOT QUENCH THE SPIRIT.**  
1 THESSALONIANS 5:19

**DISCOURAGE**

**UNBELIEF**

**TAKE CARE, BROTHERS, LEST THERE BE IN ANY OF YOU AN EVIL, UNBELIEVING HEART, LEADING YOU TO FALL AWAY FROM THE LIVING GOD.**  
HEBREWS 3:12

**DESTROY THE PEOPLE**

- 13 But exhort one another every day, as long as it is called “today,” that none of you may be hardened by the deceitfulness of sin. 14 For we have come to share in Christ, if indeed we hold our original confidence firm to the end.
- Original confidence
- deceitfulness of sin
- hardened

**DO NOT QUENCH THE SPIRIT.**  
1 THESSALONIANS 5:19

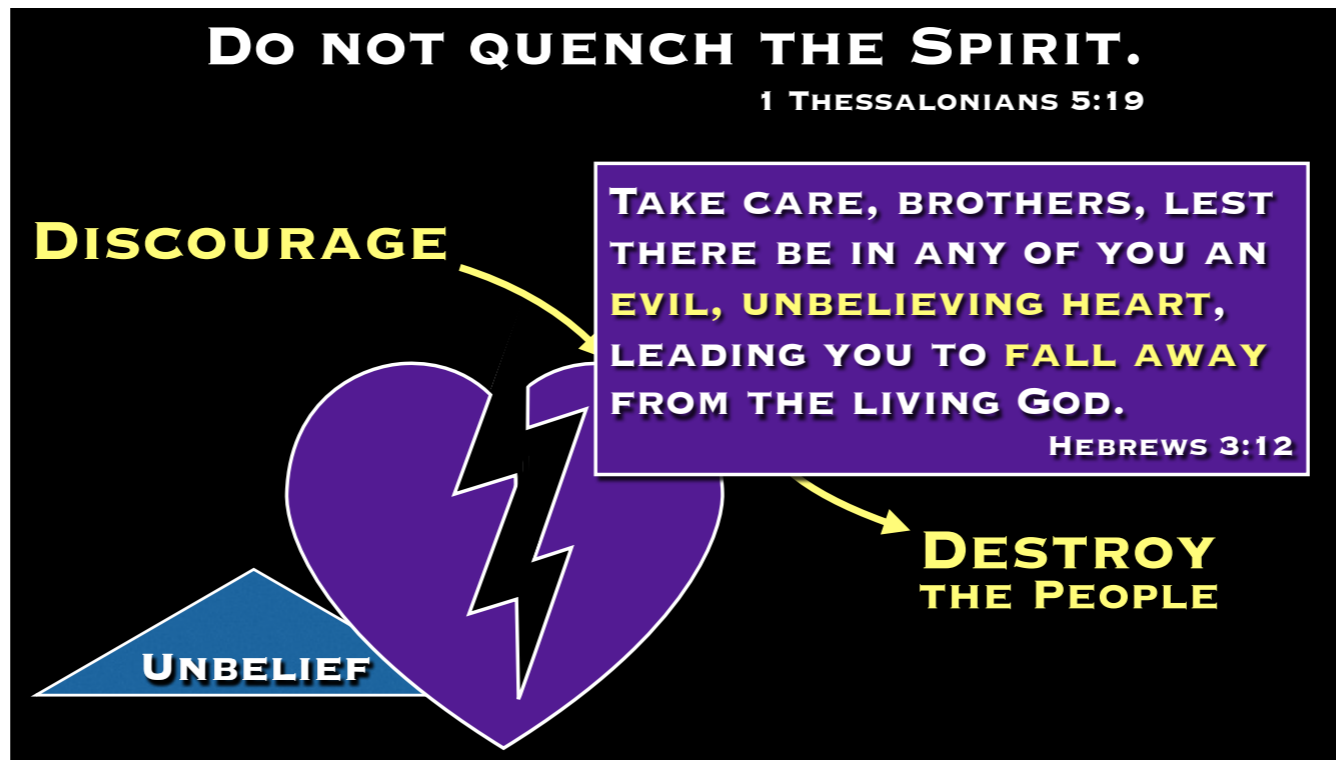
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- 15 As it is said, “Today, if you hear his voice, do not harden your hearts as in the rebellion.” 16 For who were those who heard and yet rebelled? Was it not all those who left Egypt led by Moses?
- Hard hearts
- Rebellion



- 17 And with whom was he provoked for forty years? Was it not with those who sinned, whose bodies fell in the wilderness? 18 And to whom did he swear that they would not enter his rest, but to those who were disobedient? 19 So we see that they were unable to enter because of unbelief.



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1 THESSALONIANS 5:19

**DISCOURAGE**

**THEN THEY DESPISED THE PLEASANT LAND, HAVING NO FAITH IN HIS PROMISE.**

PSALM 106:24

**UNBELIEF**

**DESTROY THE PEOPLE**

- Psalms 106:24 (ESV) Then they despised the pleasant land, having no faith in his promise.

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1 THESSALONIANS 5:19

**DISCOURAGE**

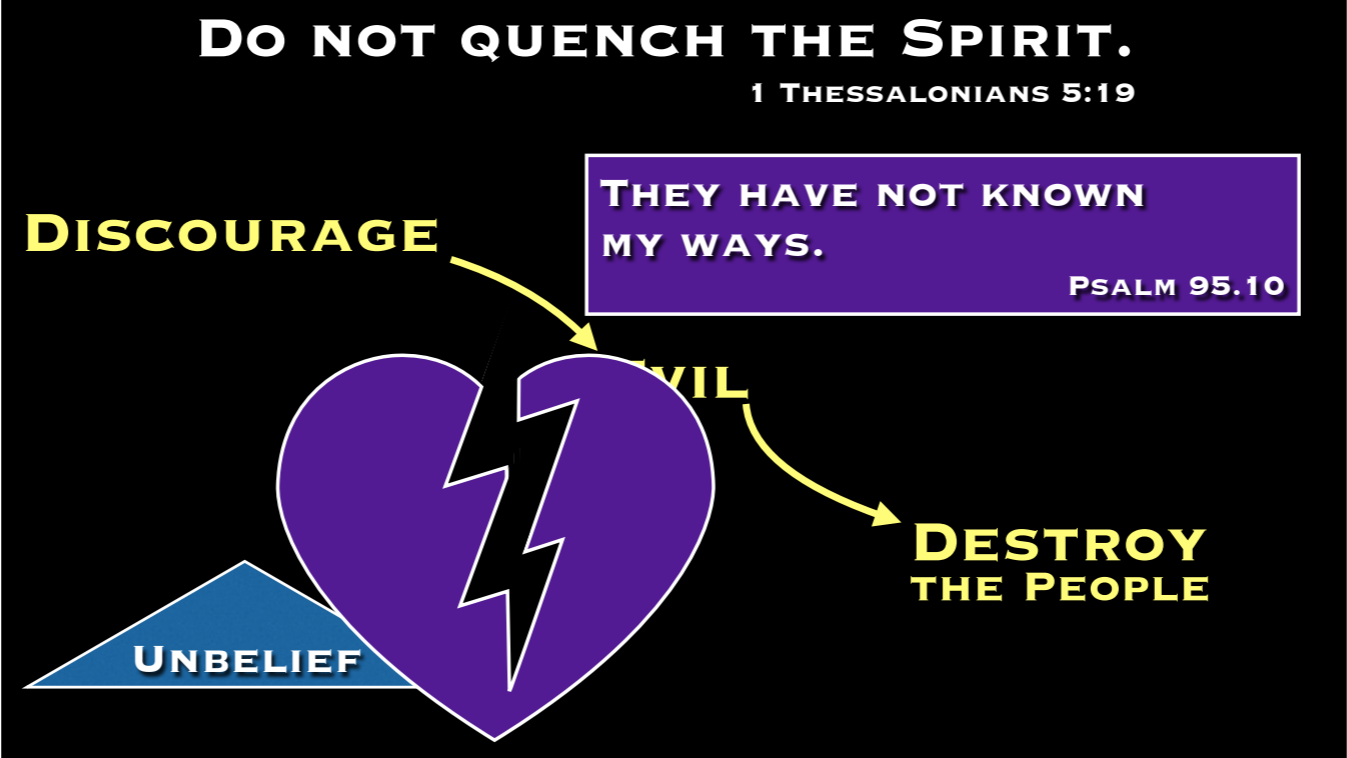
**UNBELIEF**

**FOR GOOD NEWS CAME TO US JUST AS TO THEM, BUT THE MESSAGE THEY HEARD DID NOT BENEFIT THEM, BECAUSE THEY WERE NOT UNITED BY FAITH WITH THOSE WHO LISTENED.**

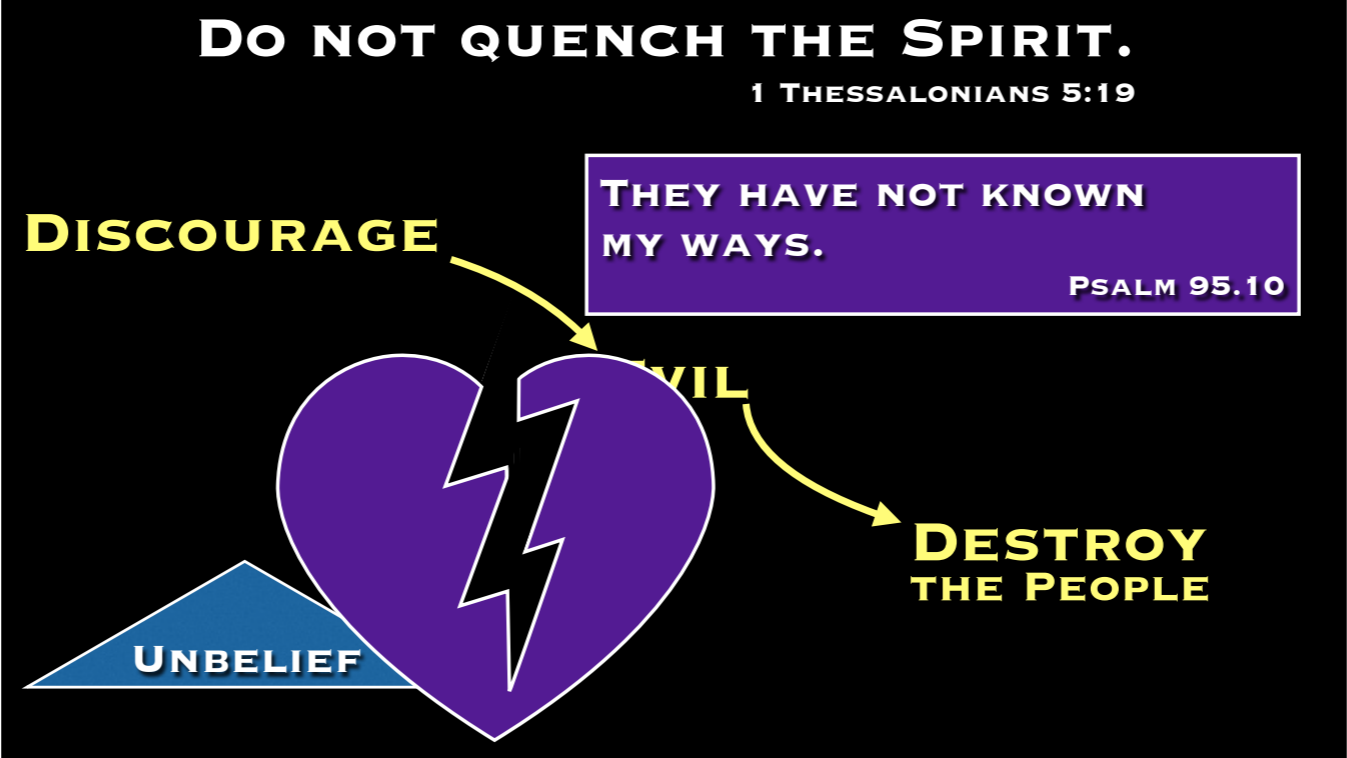
HEBREWS 4:2

**THE PEOPLE**

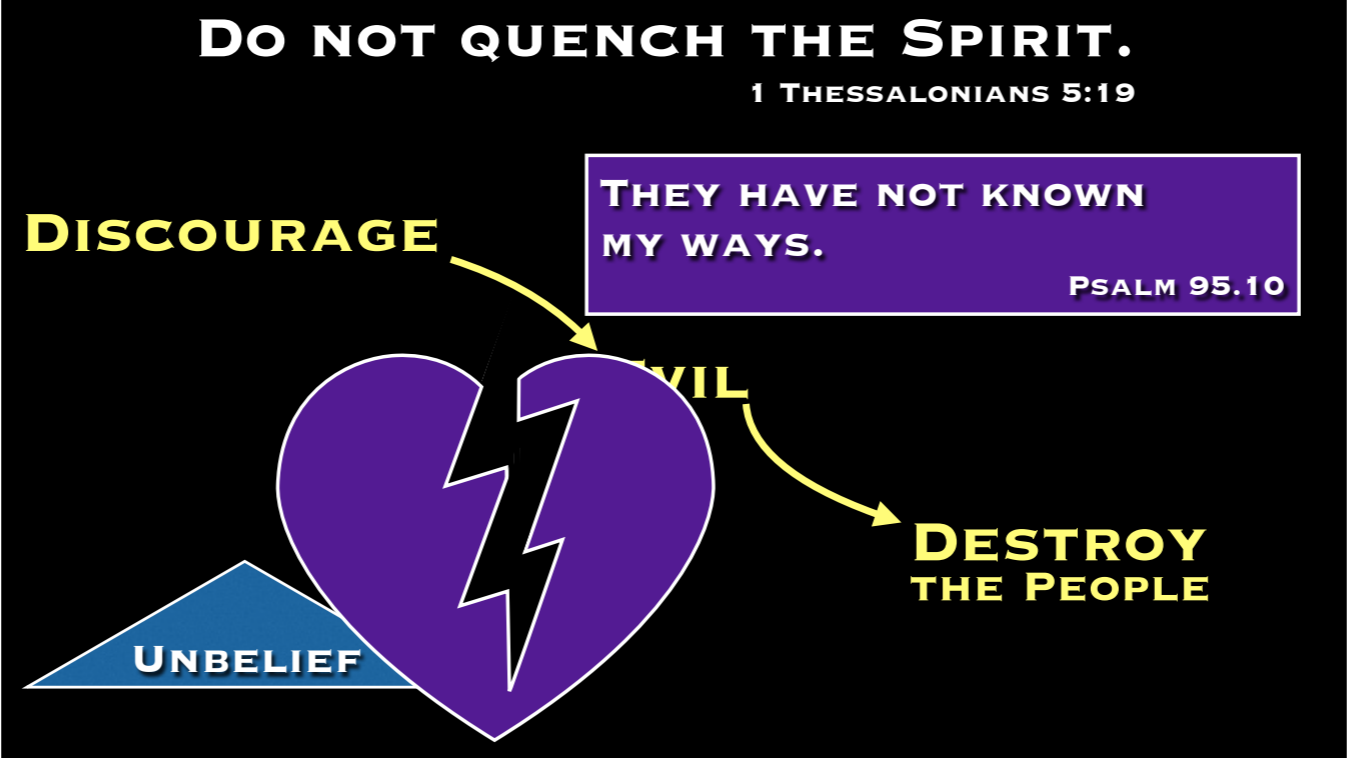
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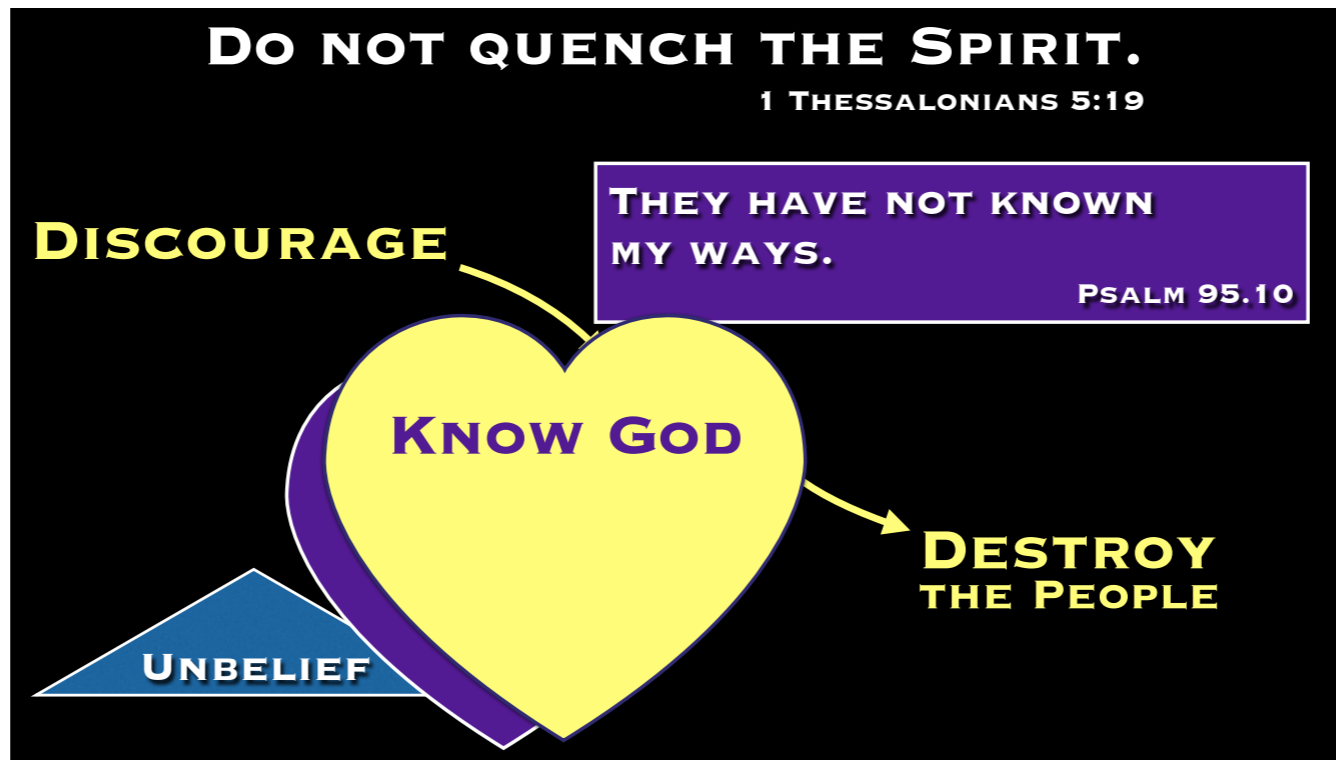
- Psalms 95: 10 For forty years I loathed that generation and said, “They are a people who go astray in their heart, and they have not known my ways.” 11 Therefore I swore in my wrath, “They shall not enter my rest.”
- ways - not knowledge of law
- ways - how Jehovah works for them.



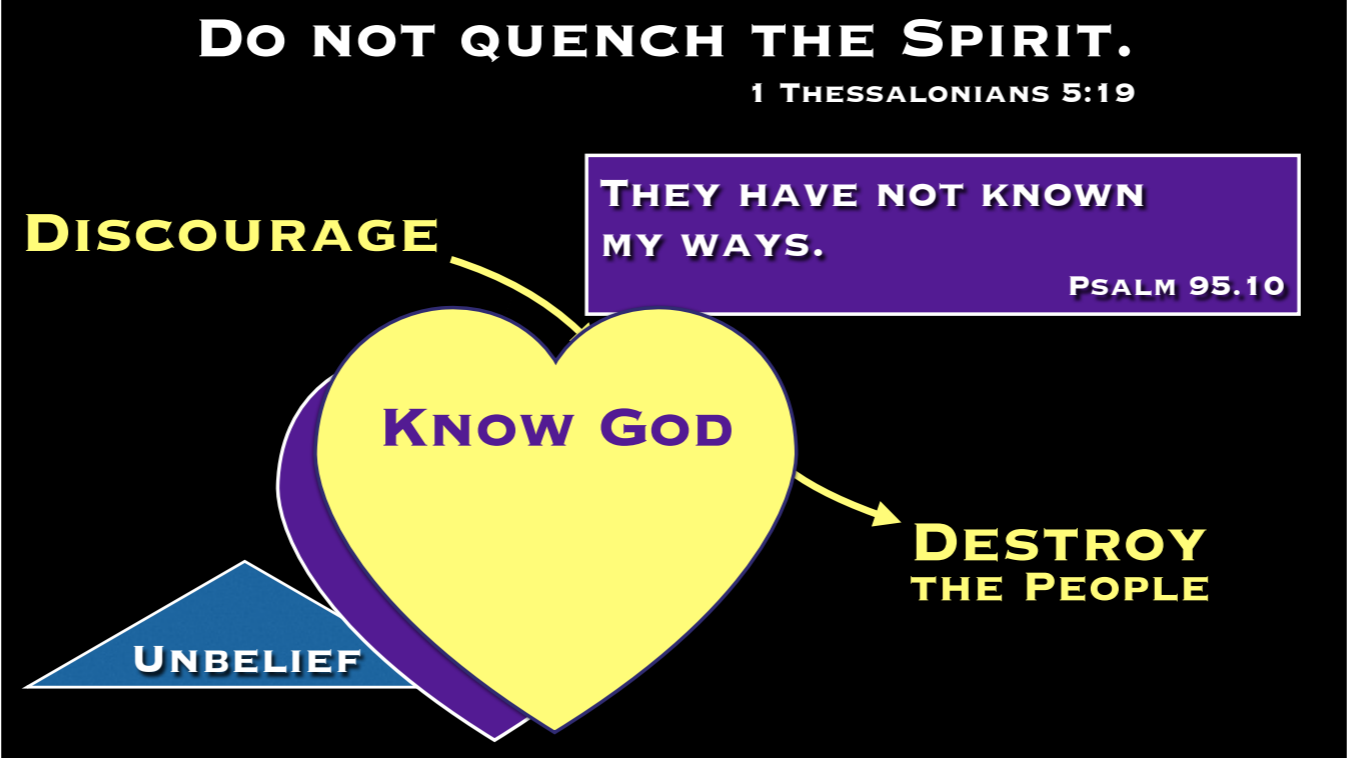
- 7 For he is **our God**, and we are *the people of his pasture*, and *the sheep of his hand*. Today, if you hear his voice, 8 do not harden your hearts, as at Meribah, as on the day at Massah in the wilderness, 9 when your fathers put me to the test and put me to the proof, though they had seen my work.



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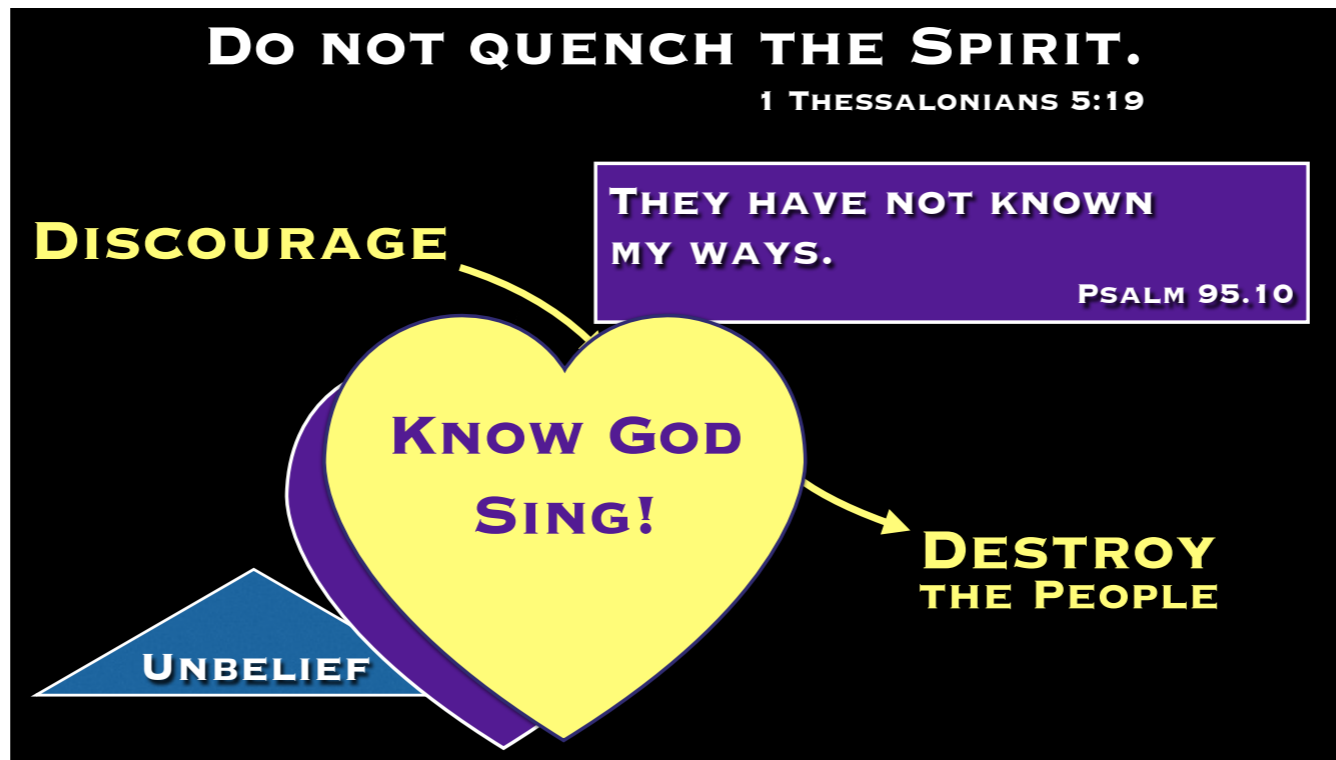


- 1 Oh come, let us *sing* to **Jehovah**; let us make a *joyful noise* to the **rock of our salvation**! 2 Let us come into his presence with *thanksgiving*; let us make a *joyful noise* to him with *songs of praise*! 3 For **Jehovah** is a **great God**, and a **great King above all gods**.

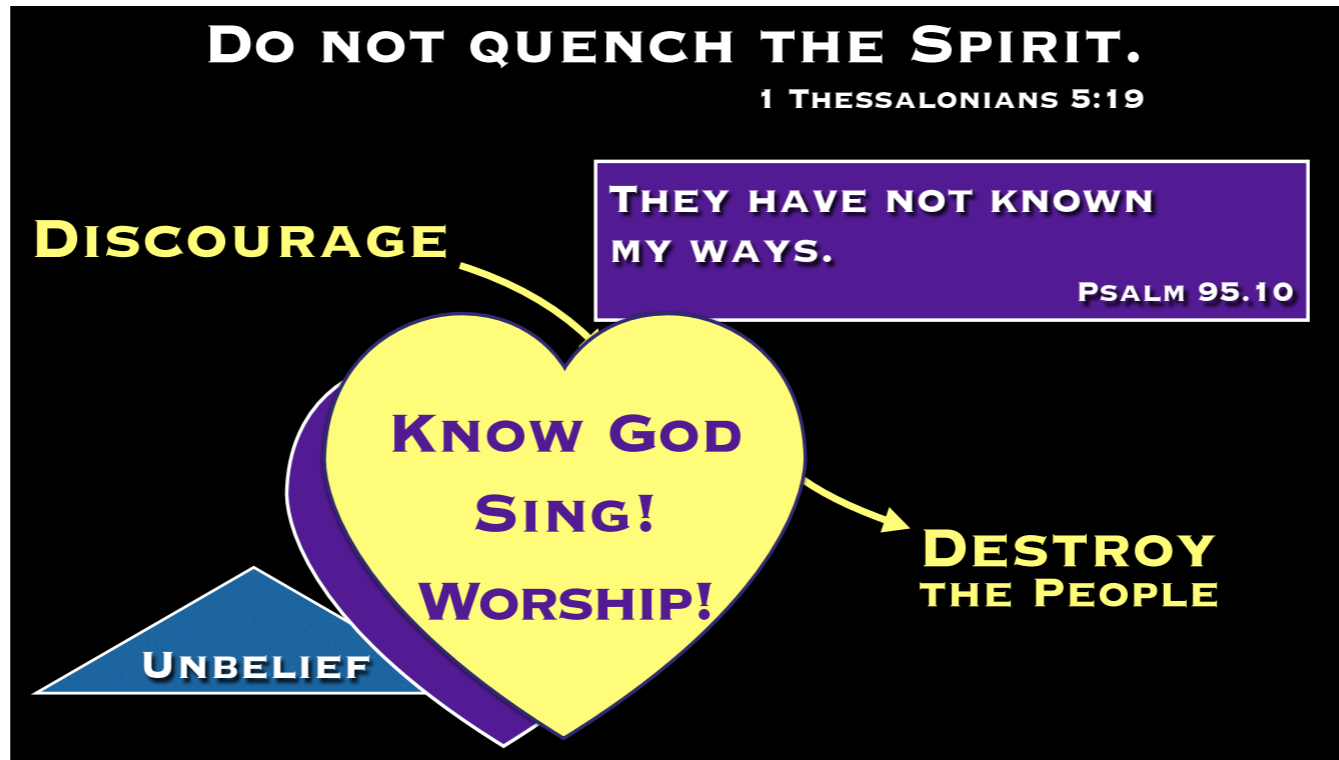


- 4 In his hand are the depths of the earth; the heights of the mountains are his also. 5 The sea is his, for he made it, and his hands formed the dry land. 6 Oh come, let us *worship* and *bow down*; let us *kneel* before **Jehovah, our Maker!**

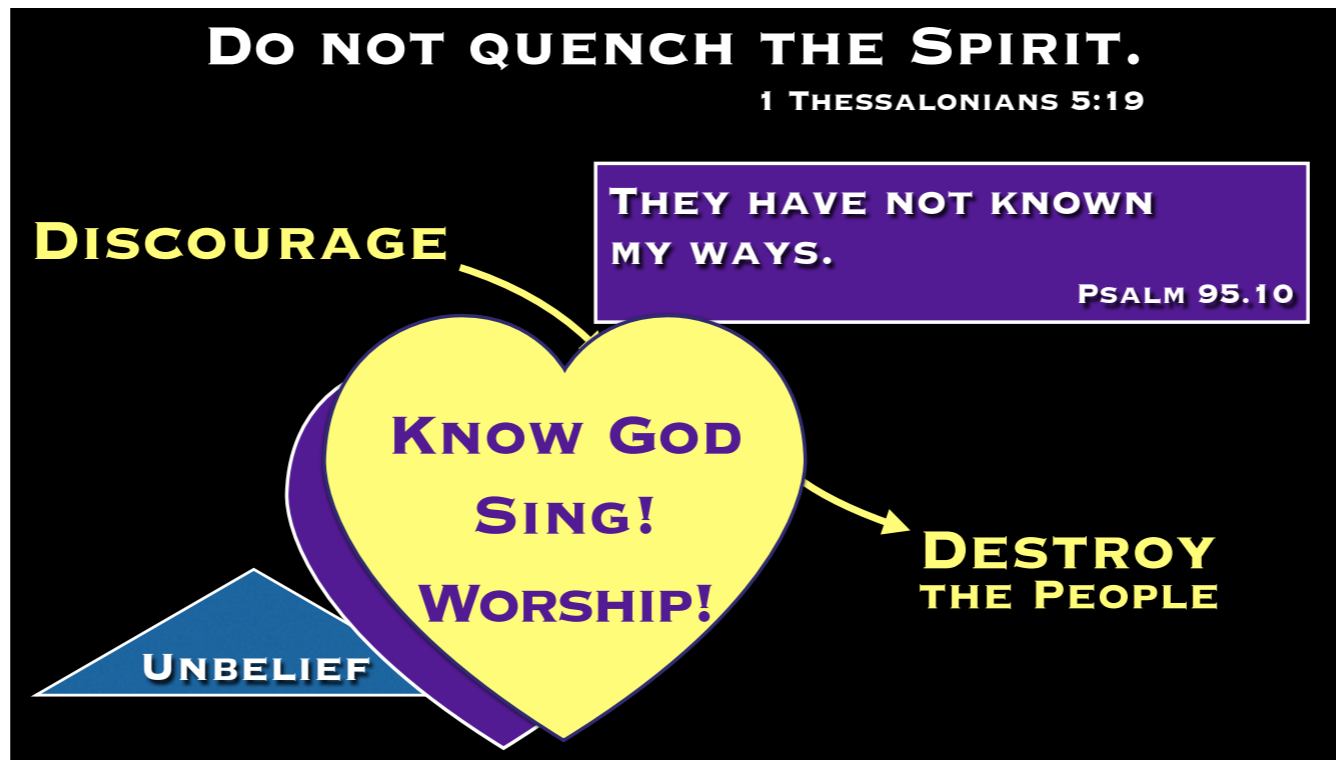




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- Do I really believe in God or am I trapped in unbelief?
- Do I really trust in Him to keep his promises and fulfill his purpose?
- Have I seen His ways? How do I really think about Him?
  - Often seen in how we try to teach gospel. Entertainment, food, church
- Am I hardened by the deceitfulness of sin?
- Disobedience and Rebellion

# DO NOT QUENCH THE SPIRIT.

1 THESSALONIANS 5:19

**DISCOURAGE**

THEY HAVE NOT KNOWN  
MY WAYS.

PSALM 95.10

**KNOW GOD  
SING!  
WORSHIP!**

**UNBELIEF**

**DESTROY  
THE PEOPLE**

- Know Him... read bible
- Hold fast to original confidence.
- Sing and worship

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PSALM 95.10

**KNOW GOD  
SING!**

**DESTROY  
THE PEOPLE**

**UNBELIEVING  
TRUSTING**

- Trust Him in all things at all times.

**We implore you on  
behalf of Christ,  
be reconciled to God.**

**2 Corinthians 5:20**

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## Do Not Quench the Spirit - 4a

1 Thessalonians 5:19

Synopsis: Four ways that the Israelites discouraged their brethren: they were unbelieving when they should have been trusting; fearful when they should have been confident; murmuring when they should have been praising; and sitting when they should be doing.

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**“Let all that you do be done with love.”**