

Assurance for Troubled Hearts



- It's an awkward way to begin a discussion: portends bad things. You are not what you're going to hear next.
- Troubled
 - Thayer: agitated (movement to and fro)
 - inward commotion; take away calmness of mind
 - fear and dread; anxious or distress
 - CWSB: disturb with various emotions such as fear, put in trepidation.



- Herod hearing about birth of new King (Mt. 2:3)
 - City officials of Thessonlonica on hearing of a new king, Jesus (Ac. 17:7-8)
- Disciples were afraid when they saw a ghost walking on water (Mt. 14:26; Mk. 6:49-50)
- Disciples thought that resurrected Jesus was a ghost (Lk: 24:38)



- Jesus troubled when seeing Lazarus' sisters and Jews mourning death (Jn. 11:33)
- Jesus troubled when thinking of his death (Jn. 12:27)
- Jesus troubled about being betrayed (Jn. 13:21)



- Gentile Christians troubled by Jewish teachers advocating being a jew was necessary to be saved, esp. circumcision (Ac. 15:24)
 - Galatian Christians by those who distort gospel (Ga. 1:7; 5:10)
- Christians suffering for righteousness' sake (1 P. 3:13-15)



- Da Vinci's Last Supper
 - · Bartholomew, James the less, Andrew: Surprised
 - Judas Iscariot: taken aback
 - · Peter: holding knife, looks angry
 - John: swoons
 - Thomas: upset
 - James: shocked
 - · Philip: wants explanation; concerned
 - Judas, Matthew, questioning: seeking answers from Simon Zealot



- "I go…"
 - Where is Jesus going? What's happening?
 - On this night and next day
 - betrayed (He's already told them)
 - arrested
 - two trials (both unfair)
 - crucified and DIE
 - Theoretically, they should have known this, and that he would rise again on third day.



- But they had invested 3 years as His disciples
 - He is the Christ
 - Hope of Israel
 - Death would be a defeat, an end to it all.
 - Troubled Hearts!



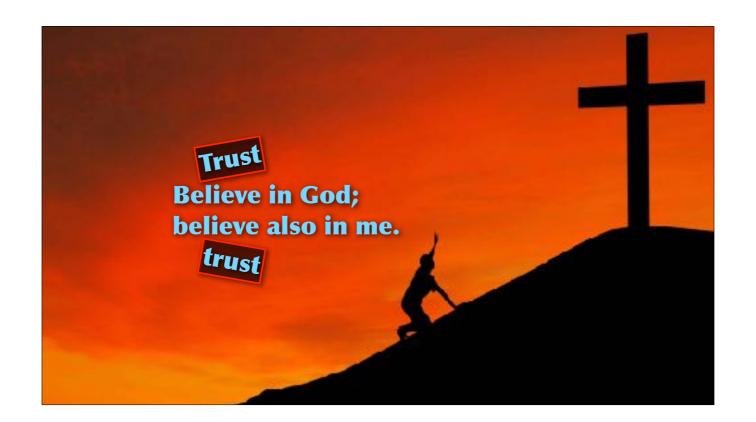
- Jesus gives another reason:
 - vs. 30: "the ruler of this world is coming"
 - Satan...
 - Whatever hope they had, this makes it sound like things are about to get much, much worse
- Troubled Hearts!



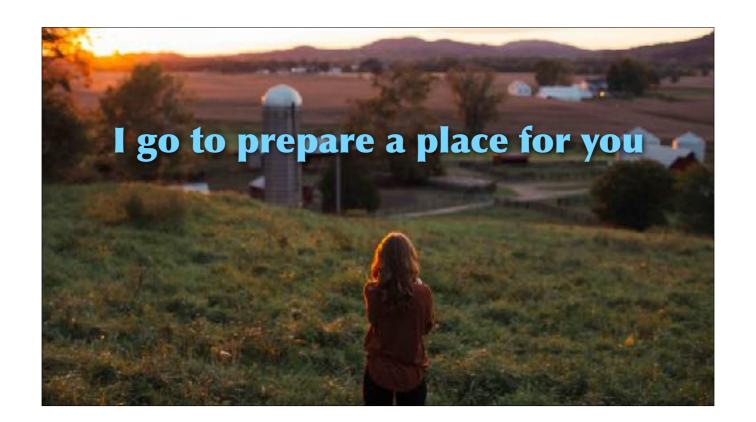
How does Jesus help his disciples cope with their troubled hearts?



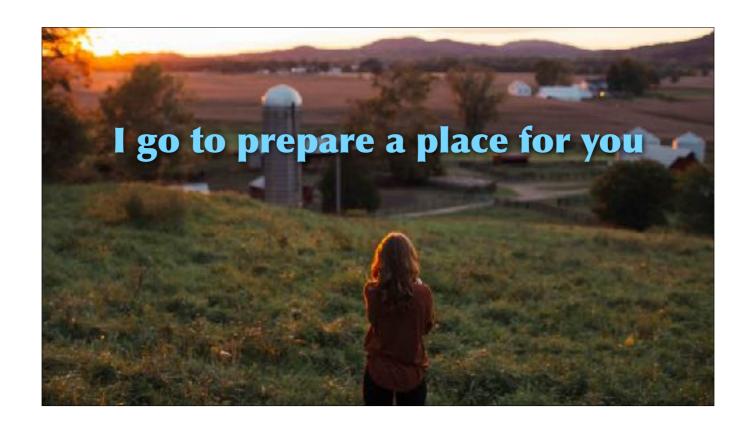
- Believe in God; believe also in me.
 - Believe is more than just an acceptance of the reality.
 - Believe is more than just "God exists"; "God is powerful"
- Believe is also trusting in the God who is almighty.
 - He keeps promises and does what He says
 - He is doing what must be done to save us, reconcile



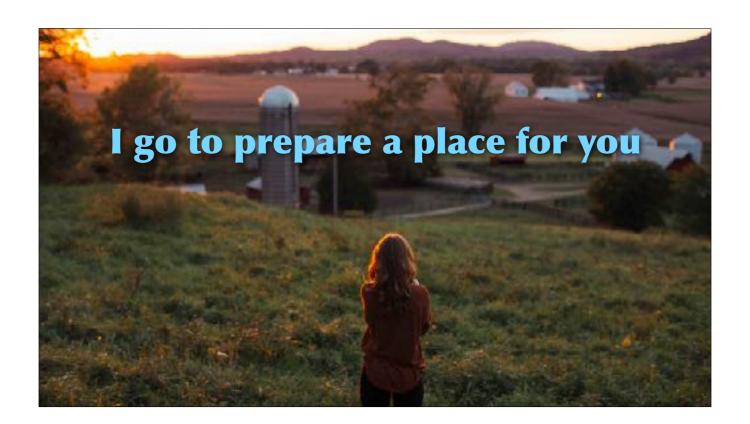
- The disciples clearly believed in God and trust Him
 - Jesus is encouraging them to trust in Him just as they trust in God.
 - John 12:44-45 (ESV) 44 And Jesus cried out and said, "Whoever believes in me, believes not in me but in him who sent me. 45 And whoever sees me sees him who sent me.



- I go to prepare a place for you (vs. 2)
 - Father's house, many rooms
- Our great struggle is death, what comes next
 - Often see death as an end, what follows scary



- Jesus' death has purpose and meaning: to destroy death
- Hebrews 2:14-15: Since therefore the children share in flesh and blood, he himself likewise partook of the same things, that through death he might destroy the one who has the power of death, that is, the devil, and deliver all those who through fear of death were subject to lifelong slavery.



- Jesus' death is a victory
 - 1 Corinthians 15:57 (ESV) 57 But thanks be to God, who gives us the victory through our Lord Jesus Christ.
 - 2 Timothy 1:10 (ESV) 10 and which now has been manifested through the appearing of our Savior Christ Jesus, who abolished death and brought life and immortality to light through the gospel,



- Heaven is ready for your arrival.
 - It's a prepared place.
 - Hebrews 2:10 (ESV Strong's) For it was fitting that he, for whom and by whom all things exist, **in bringing many sons to glory**, should make the founder of their salvation perfect through suffering.



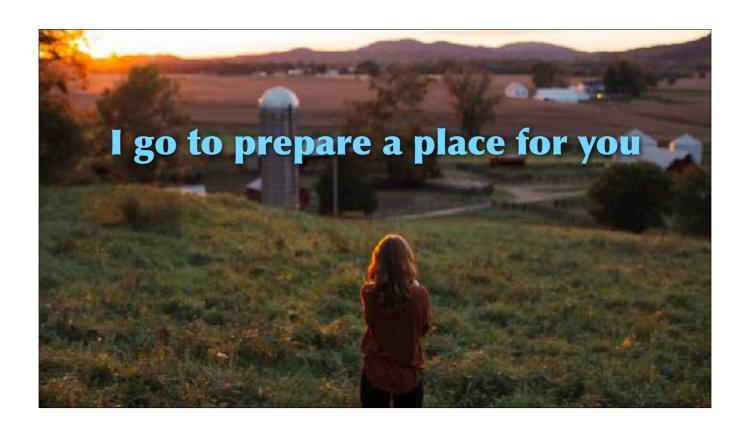
- Home away from Home
- John 14:23 (ESV) 23 Jesus answered him, "If anyone loves me, he will keep my word, and my Father will love him, and we will come to him and make our home with him.
- Galatians 3:26 for in Christ Jesus you are all sons of God, through faith.



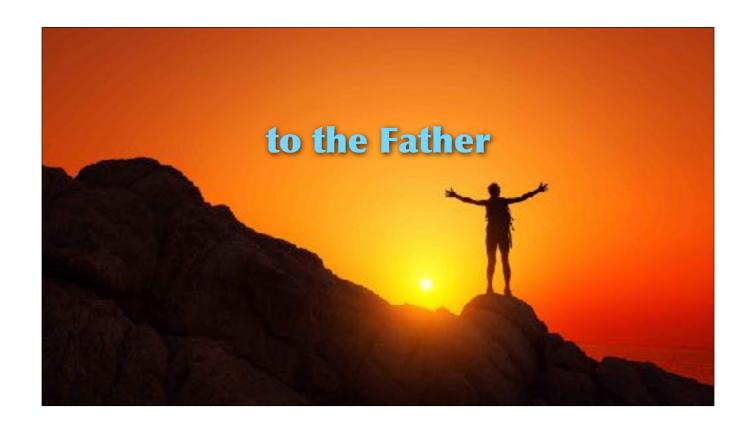
Romans 8:14-17: For all who are led by the Spirit of God are sons of God. 15 For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!" 16 The Spirit himself bears witness with our spirit that we are children of God, 17 and if children, then heirs—heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.



Ephesians 2:19-22: So then you are no longer strangers and aliens, but you are fellow citizens with the saints and members of the household of God, 20 built on the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone, 21 in whom the whole structure, being joined together, grows into a holy temple in the Lord. 22 In him you also are being built together into a dwelling place for God by the Spirit.



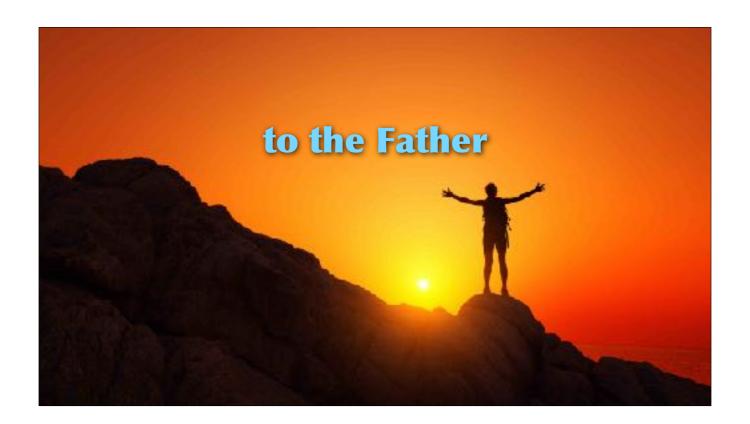
- Reassured Troubled Heart
 - It's not the end, but the beginning.
 - We have a home!



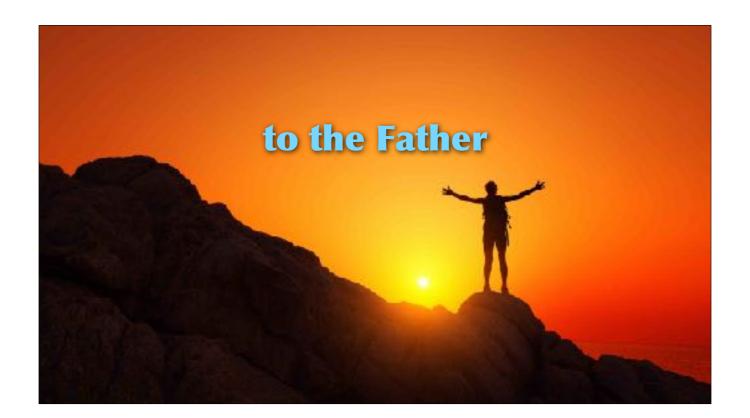
- Jesus is going to the Father
 - Not just going some place, going back to where he came from
 - John 14:12 (ESV) 12 "Truly, truly, I say to you, whoever believes in me will also do the works that I do; and greater works than these will he do, because I am going to the Father.



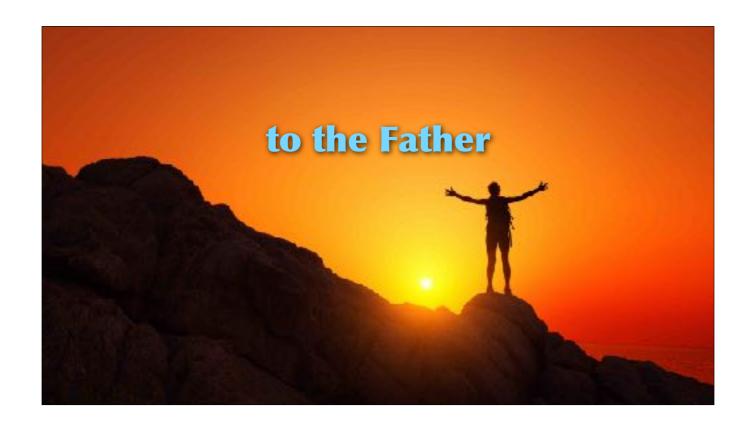
- Jesus is going to the Father
 - John 14:28 (ESV) You heard me say to you, I am going away, and I will come to you.' If you loved me, you would have rejoiced, because I am going to the Father, for the Father is greater than I.



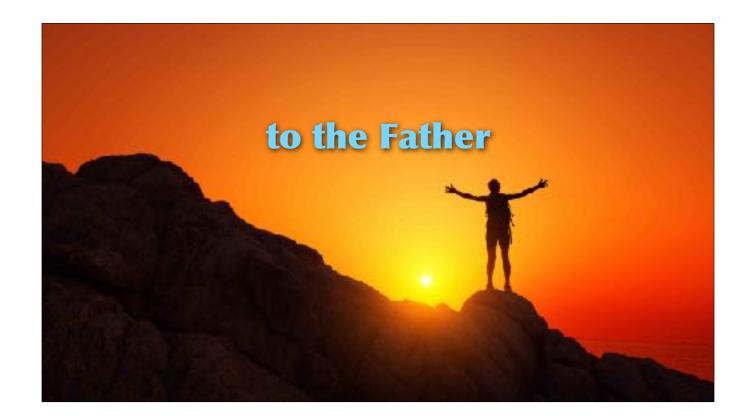
- Father and Son Unity (vs. 7, 10, 11, **20**)
 - John 14:20 (ESV) In that day you will know that I am in my Father, and you in me, and I in you.
 - John 14:7 (ESV) If you had known me, you would have known my Father also. From now on you do know him and have seen him."
 - John 14:10 (ESV) 10 Do you not believe that I am in the Father and the Father is in me? The words that I say to you I do not speak on my own authority, but the Father who dwells in me does his works.
 - John 14:11 (ESV) Believe me that I am in the Father and the Father is in me, or else believe on account of the works themselves.



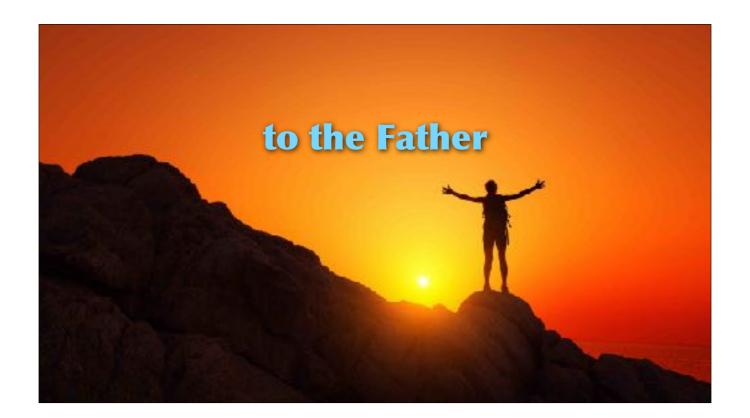
- Our access depends on Jesus!
 - John 14:6: Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me.



- Ruler of World: I do as Father commanded
 - John 14:30-31 (ESV) 30 I will no longer talk much with you, for the ruler of this world is coming. He has no claim on me, 31 but I do as the Father has commanded me, so that the world may know that I love the Father. Rise, let us go from here.

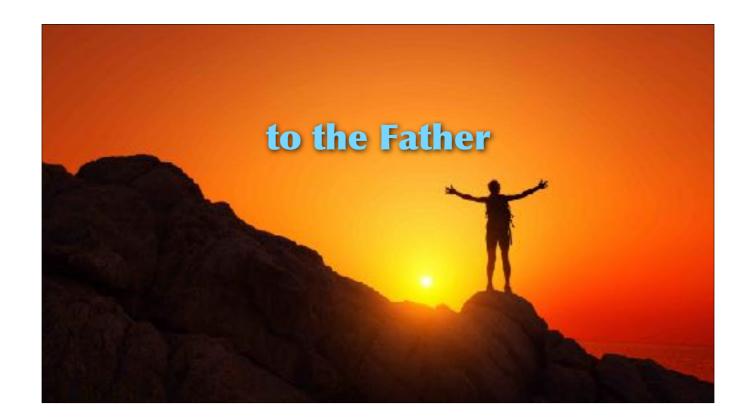


- Glorify Father
 - John 14:13 (ESV) Whatever you ask in my name, this I will do, that the Father may be glorified in the Son.



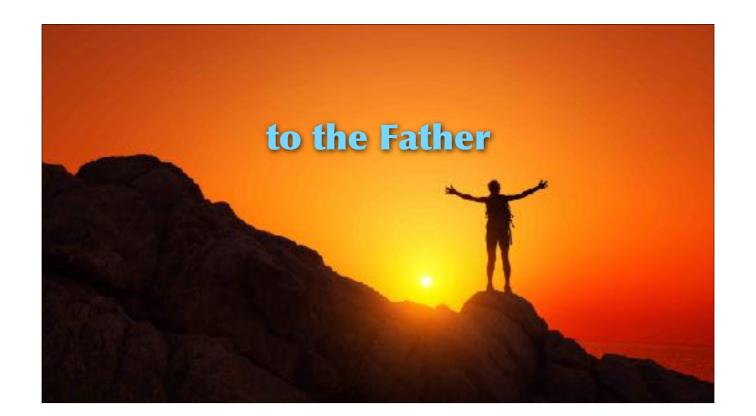
Ask Father

- John 14:16 (ESV) And I will ask the Father, and he will give you another Helper, to be with you forever,
- John 14:26 (ESV) But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I
 have said to you.



Love

- John 14:21 (ESV) Whoever has my commandments and keeps them, he it is who loves me. And he who loves me will be loved by my Father, and I will love him and manifest myself to him."
- John 14:23 (ESV) 23 Jesus answered him, "If anyone loves me, he will keep my word, and my Father will love him, and we will come to him and make our home with him.



- Reassured Troubled Hearts
 - Because He's with the Father, we can have access to the Father
 - Rejoice to be with Father, and therefore with Jesus
 - Satan cannot triumph.



- Jesus promises that although He goes, He will come again
 - John 14:3 (ESV) And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also.



- John 14:18 (ESV) 18 "I will not leave you as orphans; I will come to you.
 - troubled heart: feeling abandoned
 - Not orphans!!!



- Live
 - John 14:19 (ESV) Yet a little while and the world will see me no more, but you will see me. Because I live, you also will live.
- Relationship
 - John 14:20 (ESV) 20 In that day you will know that I am in my Father, and you in me, and I in you.

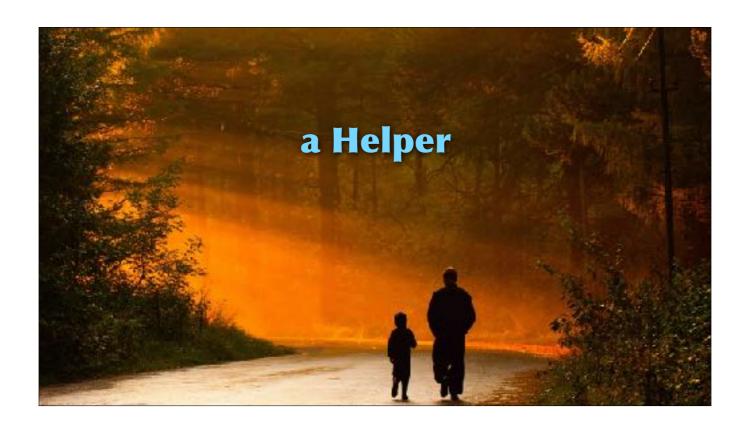


Love

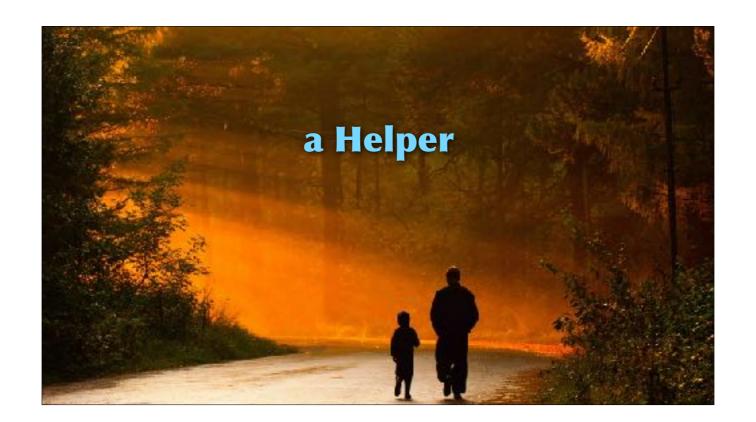
 John 14:21 (ESV) Whoever has my commandments and keeps them, he it is who loves me. And he who loves me will be loved by my Father, and I will love him and manifest myself to him."



- Reassured Troubled Hearts
 - Not orphans
 - We will live; we are united with Him; we are loved.



- Ask for, and Send: A Helper (16, 26)
 - Be with you forever (16)
 - Spirit of Truth (17)
 - Dwells with you (17)
 - Be in you (17)
 - Teach you all things (26)
 - Bring to remembrance all that I have said (26)



Reassured

- Jesus may be going, but disciples will have help.
- Helper: Truth, Teach, Remember



- John 14:27 (ESV) Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.
- Based in Knowledge and Relationship
 - Where going: John 14:4 (ESV) And you know the way to where I am going."
 - John 14:6 (ESV) 6 Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me.



Father

• John 14:7 (ESV) If you had known me, you would have known my Father also. From now on you do know him and have seen him."



Spirit

• John 14:17 (ESV) 17 even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you.



- Jesus, Love & manifest:
 - John 14:21 (ESV) 21 Whoever has my commandments and keeps them, he it is who loves me. And he who loves me will be loved by my Father, and I will love him and manifest myself to him."

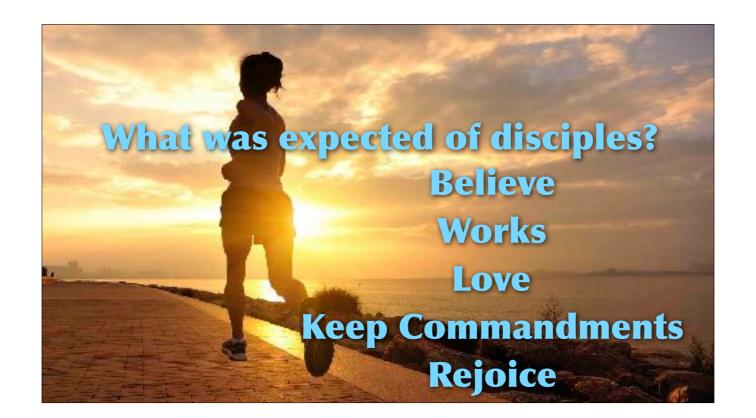


Relationship

• John 14:20 (ESV) 20 In that day you will know that I am in my Father, and you in me, and I in you.



- Satan Judged
 - John 16:11 (ESV) concerning judgment, because the ruler of this world is judged.



- What Did Jesus expect of His Disciples?
 - Believe (1, 11, 12, **29**)
 - Do Works (12)
 - Love (15, 21, 28)
 - Keep Commandments (15, 21)
 - Rejoice (28)



- Is Your Heart Troubled?
 - Important to remember that context of this passage is intended for the Disciples
 - Applies to them, not us
 - Esp. Holy Spirit: "teach all things"; "bring to remembrance all that I said to you" (26)



- Sometimes we are troubled
 - Disciples
 - Jesus
 - It's normal! It happens.



- How does this help us?
 - Troubled by Death: In Jesus we live and have a prepared home!
 - Troubled by feeling abandoned or alone:
 - Jesus is in us; Holy Spirit in us (Romans 8:11)
 - Love (21)
 - Troubled by Satan: He is judged
- Believe, Love, Keep Commandments, Rejoice

We implore you on behalf of Christ, be reconciled to God.

2 Corinthians 5:20



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Stories of the Christ

#23

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Assurance for Troubled Hearts

John 14

Synopsis: Just before his suffering and death, Jesus provides reassurance for the disciples knowing that their hearts will be troubled by what is about to happen. He helps them by teaching them why he is going, where he is going, assuring them that he will come again and that he will provide a Helper and they will share His peace. When our hearts are troubled, we can find great comfort in these teachings also.

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"Let all that you do be done with love."